**THE FIRST BOOK OF THE PSALMS**

Psalm 6

1) [review] Name two things that is revealed to us about God in the first 5 Psalms.

2) What mood would you assign to Psalm 6?

3) Read through Psalm 6. What are the various griefs David endures at this time?

4) What is David’s first concern before the Lord?

5) What does his request mean in verse 1? (Jeremiah 10:24; Hebrews 12:11)

6) What different adjectives does David use to describe himself?

7) What are David’s requests in verse 2?

8) What adjective is used to describe his bones and his soul? What does that word mean?

9) What is David’s question in verse 3?

10) What two reasons, in verses 4-5, does David give why God ought to deliver him?

11) In verses 6-7, what is the result of these inward griefs?

12) What does Solomon have to say about weeping? (Ecclesiastes 3:4)

13) What other men in Scripture are recorded as weeping out loud?

14) What is David’s confidence in verses 8-10?

15) What is David’s warning to his enemies?

16) What is the difference between David and his enemies concerning trouble?

17) [personal] What in my life today causes me deep grief?

18) Do I need to pray differently now concerning these griefs? If so, how?