**THE FIRST BOOK OF THE PSALMS**

Psalm 31

1) How does David begin this Psalm?

2) According to verse 3, why does God guide and lead David?

3) Why does David need God according to verse 4?

4) What does it mean to “commit your spirit” to the Lord?

5) Who uttered this statement in the New Testament? What were the circumstances surrounding the quote?

6) What statement does David make in verse 6 that proves his trust in God?

7) How does that statement prove that his trust is entirely in the Lord?

8) What is told us about David in verses 9-10?

9) What promise is given to us concerning our groaning? (Romans 8:18-25)

10) What circumstances is David facing according to verses 11-13?

11) Contrast the two hands found in verse 15.

12) What does the Lord abundantly give in verse 19?

13) What does the Lord abundantly give in verse 23?

14) What has David learned about prayer from past experiences? (verses 21-22)

15) What are David’s commands to the saints who have heard this song?

16) [personal] What experience(s) of David can I relate to? What have I learned from him?