**THE FIRST BOOK OF THE PSALMS**

Psalm 37

1) Read Psalm 37. Summarize this Psalm in one or two sentences.

2) What is David’s command to God’s people in verse 1?

3) What does it mean to fret, and according to verse 8, what does it always lead to?

4) What is the Christian supposed to do instead?

5) What does verse 4 mean?

6) What are we to commit to the Lord, and why should we do this?

7) What happens to those who delight in God’s way according to verses 23-24?

8) Using Psalm 37, why is it worth waiting patiently for the Lord?

9) According to verse 34, what do we do while we wait?

10) Explain what will happen to the wicked on the Day of the Lord.

11) Explain what will happen to the righteous on the Day of the Lord.

12) According to verses 18 and 29, how long will these effects take place?

13) According to verse 11 and Matthew 5:5, what will the meek inherit from the Lord?

14) Name some attributes of God described in this Psalm.

15) In verses 39-40, what is the result of taking refuge in God?

16) [personal] How much of my life is driven by the upcoming Day of the Lord?